October 2026

Holy Family

Pre-K Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	**2** • Tony's Deep Dish • Steamed Green Beans • Peach Cup • 1% White Milk
5 • Crispy Chicken Smackers • Crispy Tater Tots • Chilled Applesauce Cup • 1% White Milk	**6** • Pizza Crunchers • Red Pepper Strips • New York Apple Slices • 1% White Milk	**7** • Breakfast Chicken Patty • Krusteaz Belgian Whole Grain Waffle Sticks • Cucumber Slices • Chilled Applesauce Cup • 1% White Milk	**8** • Meatballs w/ spaghetti sauce • Penne Pasta • Steamed Broccoli • Fresh Banana • 1% White Milk	**9** • Homemade Pizza • Steamed Green Beans • Peach Cup • Milk Choice
12	**13**	**14** • French Toast Sticks • Vanilla Yogurt • Crispy Tater Tots • Fresh Banana • 1% White Milk	**15** • Walking Taco • Bush's Baked Beans • Clementine • 1% White Milk	**16** • Homemade Pizza • Steamed Green Beans • New York Apple Slices • 1% White Milk
19 • Crispy Chicken Smackers • Sweet Potato Fries • Chilled Applesauce Cup • 1% White Milk	**20** • Wild Mike's Cheese Bites • Spaghetti Sauce • Steamed Broccoli • Clementine • 1% White Milk	**21** • Dutch Waffle • Warm Cinnamon Apples • Crispy Tater Tots • Fresh Banana • 1% White Milk	**22** • Meatballs w/ spaghetti sauce • Cucumber Slices • New York Apple Slices • 1% White Milk	**23** • Homemade Pizza • Steamed Green Beans • Chilled Applesauce Cup • 1% White Milk
26 • Crispy Chicken Smackers • Crispy Tater Tots • Chilled Applesauce Cup • 1% White Milk	**27** • Meatballs w/ Spaghetti Sauce • Slider Roll • Cucumber Slices • Clementine • 1% White Milk	**28** • Breakfast Chicken Patty • Krusteaz Belgian Whole Grain Waffle Sticks • Sweet Potato Fries • Chilled Applesauce Cup • 1% White Milk	**29** • Nacho Taco • Steamed Sweet Corn • New York Apple Slices • 1% White Milk	**30**

Alternate Meal Choices: PBJ Uncrustable , UPK-8th , Yogurt Meal , K-4: Whole Grain Soft Pretzel, Yogurt, String Cheese , UPK: Whole Grain Soft Pretzel, Yogurt , Turkey Hoagie , UPK-6th , **At West Genesee Intermediate Only:** , M: Mozzarella Sticks, F: Hamburger , At CMS Only: Subs (Daily), Pizza M,W and Burger T,Th , Gluten Free Menu Items Available with Medical Documentation. Contact ecullen@westgenesee.org

NOTE ABOUT ALLERGEN INFORMATION: West Genesee uses the nutrition and allergen information provided directly from the food vendor, therefore West Genesee can not guarantee the vendor labels are 100% inclusive or all nutrition and allergen information. If you have questions regarding any menu item, you should research it thoroughly, up to and including consulting your personal physician prior to consuming. THE FOLLOWING MILK OPTIONS ARE AVAILABLE EVERYDAY WITH LUNCH: SKIM WHITE, 1% WHITE OR CHOCOLATE (K-12only).The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk

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